



# Peace Weaving

Inspired by the 7 Principles of Peace,  
as articulated by the  
**Louis D. Brown Peace Institute**  
[ldbpeaceinstitute.org](http://ldbpeaceinstitute.org)

We invite you to hold one of the rainbow bundles of yarn.

Consider the following 7 Principles of Peace:

**LOVE JUSTICE HOPE COURAGE FAITH FORGIVENESS UNITY**

As you sit with each of these principles, we invite you to choose a color that evokes the essence of this principle in this moment for you. There is no “right” answer and you can decide that more than one principle shares the same color.

## **Choose a color for LOVE**

Let your heart fill with a story that made you feel LOVE today.

Separate the color you’ve chosen for LOVE and use that thread to tie a knot approximately an inch below the knot that holds the bundle together, that circles around the other colors.

## **Choose a color for JUSTICE**

Select one word that represents the idea of JUSTICE for you

Separate the color you’ve chosen for JUSTICE and use that thread to tie a knot approximately an inch below the knot YOU made for LOVE, that circles around the other colors.

## **Choose a color for HOPE**

Dream about a HOPE you have for the future

Separate the color you’ve chosen for HOPE and use that thread to tie a knot approximately an inch below the knot you made for JUSTICE, that circles around the other colors.

## **Choose a color for COURAGE**

Visualize the face of a people in your life who gives you COURAGE

Separate the color you’ve chosen for COURAGE and use that thread to tie a knot approximately an inch below the knot you made for HOPE, that circles around the other colors.

## **Choose a color for FAITH**

Remember an experience you’ve had that illuminates the role of FAITH in your life

Separate the color you’ve chosen for FAITH and use that thread to tie a knot approximately an inch below the knot you made for COURAGE, that circles around the other colors.

## **Choose a color for FORGIVENESS**

Remember a time when you practiced (or struggled with practicing) FORGIVENESS

Separate the color you’ve chosen for FORGIVENESS and use that thread to tie a knot approximately an inch below the knot you made for FAITH, that circles around the other colors.

## **Choose a color for UNITY**

Imagine a story about how COMMUNITY helps us heal

Separate the color you’ve chosen for UNITY and use that thread to tie a knot approximately an inch below the knot you made for FORGIVENESS, that circles around the other colors.

## **Celebrate your PEACE WEAVING!**

You can attach this to your keychain, backpack, use as a bookmark, make into a bracelet or necklace, tie onto your belt loop, hang on your wall or find any other special place to hold these principles close to you.